



North Wales Gorge Walking



While preparing to use a gorge, be considerate to others;

- Find out where the closest public **toilets** are and enable your group to visit the toilets before entering the gorge.
- Where **car parking** space for the gorge is limited, keep the number of vehicles to a minimum, don't spend any time longer than absolutely necessary and park neatly in order to maximise the number of spaces available.
- Please **respect** local residents who live close to and adjacent to gorges. Keep noise levels down whilst in the car parking areas and on your walk into and out of the gorge.
- Only access the gorge using the main, regular **access and exit points** - do not climb fences or forge new routes.
- Pick up and carry out any **litter** you find in the gorge and car park areas. There is no 'acceptable' waste, not even that which is biodegradable, such as banana peels and apple cores. It takes 2 years for an orange peel to biodegrade!
- Ask your group to **change modestly**, out of sight of public access routes and roads.

While in a gorge, help to prevent damage to special plants;

- Remain within the **watercourse** or keep to the **established routes** that have already been worn bare.
- Access the gorge using the regular **access and exit points**, wherever possible stay within the watercourse. If you are in a group, walk in single file and support each other.
- Avoid **standing** on mossy rocks and boulders everywhere including within the river.
- Avoid **climbing** on the rocky sides of the gorge.
- Where the established route uses ledges, avoid **rubbing** against the vertical rock faces.
- If you are in a group only **congregate** on hard, bare surfaces or on shingle.
- Respect other groups in the gorge. If you need to pass another group, **communicate** with the leader, use only established routes and do not break new ones. If necessary, wait.
- Don't set up rigging from **trees** unless absolutely necessary; set up rigging carefully to avoid damaging **lichens** or **mosses** on trees.
- Remove all **rigging** as soon as it has been used - do not leave any in place.
- Don't pick **foliage** or **flowers**.